

Entrance Antiphon O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help; O Lord, do not delay.

Responsorial Psalm The Lord gave them bread from heaven.

Gospel Acclamation Alleluia, alleluia!
No one lives on bread alone,
but on every word that comes from the mouth of God.
Alleluia!

Communion Antiphon You have given us, O Lord, bread from heaven,
endowed with all delights and sweetness in every taste.

ROSTERS - 10th/11th August 2024
Please arrange a swap if you are not available

Bemboka Sat 5pm
Commentator J Macinante
Readers S Berman
Cleaners Gerrey

Candelo Sun 9:30am
Commentator Ann Haesy
Readers John Coman
Cleaners - Aug A Hyam & N Wagner

Tathra Sun 7:45am
Commentator Carleen Maley
Readers Bob Weston
Cleaners Pat Platts
Audio-Visual Pat Platts
Eucharistic Ministers Jacinta Battista, E Corcoran

Bega Sun 9:30am
Commentator M Henare
Readers M Russell, T Tomlinson
Gifts Volunteer
Counters Danni & Mary
Music Matt Heffernan
Acolyte David Grainger
Eucharistic Ministers B Burton



Sacrament of Penance/Reconciliation
Bega Saturday, 9.40 - 10am
Bemboka before vigil Mass
Candelo before vigil Mass
Tathra before Sunday Mass

St Patrick's Parish is committed to safeguarding and upholding the rights and dignity of all our children and vulnerable people. We seek to empower children, their families & carers, and vulnerable people, to have a say, to be listened to and to be protected. This approach is at the centre of all our thinking and actions. Parishioners are encouraged to communicate concerns by emailing Fr Adrian, the Parish Office, the Parish Safeguarding Officer or directly to IPSS (ipss@cg.org.au)

St. Pat's Choir practices Thurs 5.15—6pm
Contacts Mary 0428 471 012 or Matt 0429 338 348.

Meditation & Contemplative Prayer
Meeting is held on Monday at 7.30pm in the annex of Star of the Sea Church at Tathra.


Sunday Readings Reflection Group
Tuesday at 7pm Star of the Sea Tathra.
All Welcome.

ROSARY - all are welcome.
Tathra - 7:20am before Sunday Mass
Bega - 9am before Sunday Mass

MENS' GROUP: 2nd & 4th Thursdays
St Patrick's Church.
Contact David Grainger: 0409 430 997

St Patrick's Sacramental Programme
Baptisms—During Mass, 1 month notice
Reconciliation—26th May 2024
First Communion - 25th August 2024
Weddings—by appoint, 6 months notice req.
Please contact the Parish Office.

For Sale: Sunday Missal - \$32; Children's Mass Book - \$10. Contact the office or place your order in a marked envelope in the 2nd collection. **Bulletin & Forms** can be found on the website



18th Ordinary - Year B

St. Patrick's Parish

St. Patrick's, Bega - St. Columba's, Bemboka - St. Joseph's Candelo
Star of the Sea, Tathra.

4th August 2024

Ph. 64921058
PO. Box 6. Bega. NSW 2550.
Email: Bega@cg.org.au
Website: http://cg.org.au/bega/
Facebook: St Patricks Bega

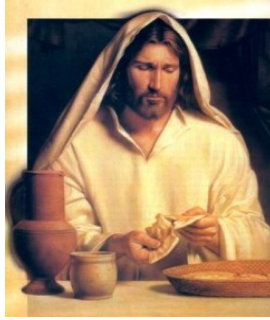
Fr. Adrian Chan. Parish Priest.
Mrs. Tanya Tomlinson, Parish Secretary.
Hrs 9-2 Tuesday & Thursday *Bulletin Deadline: Thurs 10:30am*
Safeguarding, Mrs. Emma Grant, Bega.Safeguarding@cg.org.au
St. Patrick's School, Bega. Mrs. Jo Scott-Pegum (Principal) 6492 5500
Lumen Christi Catholic College, Pambula. Mr. Shane Giles 6495 8888

We acknowledge the Yuin People, the Traditional Custodians who have walked upon & cared for this land for thousands of years. We pay our respect to Elders past, present & emerging. We acknowledge and respect their continuing culture and the contribution they make to the life of the Bega Valley.

Word made Flesh *18th Sunday in Ordinary Time*

We return here again to the fallout from Jesus' miracle of the loaves and fishes. The crowd is depicted as searching enthusiastically for Jesus but when they find him he confronts them on their motivation, saying they must look beyond their full stomachs to see what God is saying to them through what has taken place. What God is asking of them is that they believe in the one he has sent.

In the fourth gospel faith is not a concept, it is an activity. Believing in Jesus is the equivalent of doing the work that God wants because it involves a personal relationship, an abiding in him. However, the crowd don't understand and look for a sign such as their ancestors received. The irony is that they have just such a sign in front of them but they fail to see it.



Jesus tells them he is the true bread, not like the manna, but the bread of God's word that satisfies the deepest human hunger. They are invited to nourish themselves on the bread of life, in other words to come to know and believe in Jesus. At this point in the narrative the evangelist is not yet speaking about the Eucharist — that will come later. Here he is making use of the Old Testament symbolism of wisdom as nourishment to speak of Jesus as the only one who can satisfy our hunger for God.

We only have to consider the number of cookery programmes on television to realise that food is big business and that it has little to do with feeding the hungry. In the developed world it is about novelty, the exotic, what is really healthy. We don't want the same old thing over and over because we get bored easily. In a certain sense, this type of potent symbol for what is being addressed in the readings. To quote from Deuteronomy, 'Human beings do not live on bread alone but on every word that comes from the mouth of God'. We hunger for meaning, a sense of purpose and if that is addressed then we can be truly content. This is what Jesus, as the bread of life, is speaking about. In him we can come to understand ourselves and be amazed at our own dignity and worth in the sight of God. We are, at heart, spiritual beings and if we don't address that, then we might easily spend our time satisfying our appetites and never our deepest need.

Sean Goan



Vinnies News: Winter Appeal. Sunday's in July. Please help our local vinnies support our local community this winter. Envelopes available at the church entrance. They can be returned via the 2nd collection or directly to the shop in Bega.

Maintenance Works Update: The Builders have now moved into Bega church. The church is still available for weekend worship but now not accessible during the week. Parts will be fenced off as the work progresses. Thank you for following the directions when using the building.

St Patrick's Primary Enrolments Now being taken for kinder 2025. There are places available in all classes. Please contact the office for more information. 6492 5500 or office.bega@cg.catholic.edu.au

National Vocations Week 4- 11 August. During National Vocations Week. An Archdiocesan Vocations Holy Hour will be held at St. Christopher's Cathedral on Tuesday 6th August. It will include Adoration, Evening Prayer and Rosary.

Synod on Synodality: Towards the Second Assembly.

✦ *Synod on Synodality: Toward the Synod 2024 Opening October and Beyond!* Massimo Faggioli and John Warhurst will discuss the upcoming Synod and the future beyond. Thurs 15 Aug 4:30pm via zoom.

✦ *The Prophetic Voice of the Laity in the Renewal.* Dutch theologian Dr Myriam Wijlens is a consultor to the Synod and a member of its Coordinating Commission. She has a unique perspective and insights on how synodality is practised around the global Catholic Church. At Patrick's Parramatta or via zoom. Mon 5 Aug 6-8:30pm. To Register please contact the office or Fr Adrian.

Season of Creation Convocation 2024 - Catholic Earthcare Caritas Australia. 12-14 Sept. 12-13 September online presentations, workshops, discussions and spiritual experiences. Saturday 14 September in the Archdiocesan Hub to transform learning into action (online available). Register here: <https://www.trybooking.com/events/landing/1231165> Contact: catholicearthcare@caritas.org.au

You're Invited

✦ *Tathra* - Breakfast every 2nd Sunday of the Month after Mass.

✦ *Bega* - Morning Tea last Sunday of the Month after Mass Bega.

All Welcome. Please bring a friend.

Fr Adrian Contact: Mobile: 0411 676 064
Email: Adrian.Chan@cg.org.au

Sunday Mass Times

- *Bemboka* - Saturdays - 5pm Vigil
- *Candelo* - Saturdays - 5pm Vigil 1st, 3rd, 5th
- Sundays - 9:30am liturgy 2nd, 4th
- *Tathra* - Sundays - 7.45am Mass
- *Bega* - Sundays - 9.30am Mass
- 4th Sunday- 9:30am Family Mass

Weekdays

- Tuesday 4.00pm Bega Church
- Wednesday 9.00am Tathra.
- Thursday 9.15am Bega Church
➤ *Hillgrove House 3rd Thursday 3pm*
- Friday 9.15am Bega Church
4:30-5:30pm Bega '*Holy Hour of Mercy*'
- Saturday 9.15am Bega Church

RECENTLY DECEASED: Les De La Mere, Harmony Morrow, Marie Busby

ANNIVERSARIES Margaret Willburger, Noa Jessop, Barney & Nora Sheehan, Liz Coman, Anthony Dessmann, Eunice Tarlinton

PRAYERS Marina Peric,

Feasts Days this Week

4th - St John Vianney, Priest 1786-1859. Remembered for his preaching and confessional counsel and is honoured as a model for parish clergy.

5th - The Dedication of St Mary Major. The feast celebrates the divine radiance shining in Christ's human flesh and God's glory shining forth in the lives of Christians.

6th - The Transfiguration of the Lord.

7th - St Cajetan, Priest 1480-1547. Remembered for his pastoral care, his reforming zeal, and his practical help for the poor and the afflicted.

7th - St Sixtus II, Pope & Companions, Martyrs. Died 258. Remembered as one of the most popular Roman martyrs, and mentioned in Eucharistic Prayer I.

8th - St Mary of the Cross, Virgin 1842-1909. Remembered for her eagerness to discover God's will in all things, for her charity in the face of calumny, and for her abiding trust in God's providence.

9th - St Teresa Benedicta of the Cross, (Edith Stein) Virgin & Martyr 1891-1942. Remembered as a victim of anti-Semitism, a scholar, contemplative and martyr for whom the cross is the key to spiritual understanding.

10th - St Lawrence, Deacon & Martyr Died in 258. Remembered in Eucharistic Prayer I, and in five ancient Roman churches dedicated to him.

Reflection for Vocations Awareness Week (Part 1).

When Jesus was asked for the true bread from heaven, he replied, 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.' In Jesus we have life, and life to the full - this is eternal life. And just as Jesus, the Light of the World, called his followers to let their own lights shine, Jesus, the Bread of Life, calls us to sow seeds of hope and peace in our world.

I wonder who has planted the seeds of faith in your own life? Who else has watered, pruned or harvested them? We might begin by remembering those people and giving thanks. Some may have planted the seeds long before we were born; some we have never met; and others have kept encouraging us throughout life. As Pope Francis says, let us "recall with gratitude to the Lord the faithful, persevering and frequently hidden efforts of all those who have responded to a call that embraces their entire existence."

We might first think of our parents, godparents or other family members. So many of Jesus' followers have a vocation to be a mother or father, or to nurture children in life and love so that they can flourish and produce a rich harvest. In Ephesians we are challenged to "follow Christ by loving as he loved you". Through relationships of love in a family, we make that love real every day, through the good and the bad times.

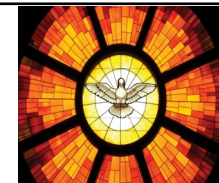
Continued next week

Year of the Holy Spirit

Guided Prayer Session

3rd Sundays Bega

After 9:30am Mass



Wise Words: Vocation does not come from a voice out there calling me to be something I am not. It comes from a voice in here calling me to be the person I was born to be, to fulfil the original self hood given me at birth by God. - *Thomas Merton*